

Peblegest 200 SR Tablet

Progesterone (Natural Micronized) 200mg SR Tablet

Description

Progesterone (Natural Micronized) 200mg SR Tablet is a sustained-release formulation designed to provide controlled, consistent release of progesterone over an extended period. It is a bio-identical hormone derived from plant sources, formulated to mimic the natural progesterone produced in the body.

Composition (Per Tablet)

- **Progesterone (Natural Micronized) 200mg**
 - A plant-derived, bio-identical form of progesterone, used to support hormonal balance in the body. Micronization helps in improving absorption and bioavailability.
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Indications

Progesterone (Natural Micronized) 200mg SR Tablet is used for:

- **Hormonal Imbalance Treatment:** Helps balance progesterone levels in women with menstrual irregularities or luteal phase defects.
- **Menopause:** Alleviates symptoms of menopause, such as hot flashes, night sweats, and mood swings, by supplementing the body's natural progesterone.
- **Postmenopausal Hormone Therapy:** Often prescribed alongside estrogen in hormone replacement therapy (HRT) for menopausal women.
- **Progesterone Deficiency:** Used in conditions where the body is not producing enough progesterone, such as during certain infertility treatments or in cases of anovulation.

- **Prevention of Endometrial Hyperplasia:** Often used in combination with estrogen for women with an intact uterus to prevent endometrial thickening that can result from estrogen therapy.
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Dosage and Administration

- **Adults (typically):** 1 tablet (200mg) daily, taken at bedtime or as directed by a healthcare provider.
 - **For Hormone Replacement Therapy (HRT):** 1 tablet daily, typically for the second half of the menstrual cycle or as prescribed by a doctor.
 - **For Support in Pregnancy or Infertility Treatment:** The dosage may vary based on the specific treatment protocol. Always follow the instructions given by your healthcare provider.
 - **Take with food:** To improve absorption and reduce the risk of gastrointestinal upset.
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Contraindications

- **Hypersensitivity:** Known allergy to progesterone or any of the tablet's excipients.
 - **Active Liver Disease:** Progesterone should be used cautiously or avoided in patients with active liver disease or dysfunction.
 - **Undiagnosed Vaginal Bleeding:** Progesterone treatment should be avoided until the cause of abnormal vaginal bleeding is identified.
 - **History of Hormone-Sensitive Cancers:** Such as breast, ovarian, or uterine cancers.
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Warnings and Precautions

1. **Pregnancy and Lactation:**
 - **Pregnancy:** Consult a healthcare provider before using during pregnancy. It is commonly prescribed

- during early pregnancy under the supervision of a healthcare provider.
 - **Breastfeeding:** Progesterone is generally considered safe during breastfeeding but should be used under medical supervision.
2. **Endometrial Cancer Risk:** Long-term use of progesterone can increase the risk of endometrial cancer in some women. Regular check-ups are advised for women using progesterone therapy over extended periods.
 3. **Cardiovascular Conditions:** Progesterone should be used cautiously in individuals with a history of heart disease or stroke as it may increase the risk of blood clots.
 4. **Monitor Hormonal Levels:** For patients undergoing hormone replacement therapy, regular monitoring of hormone levels and uterine health is recommended.

- **Hormonal Therapies:** If combined with estrogen or other hormonal treatments, the dosage may need to be adjusted.
- **CYP450 Enzyme Modulators:** Drugs that alter the cytochrome P450 enzyme system, such as antifungals or antivirals, may affect progesterone metabolism.

Always inform your healthcare provider of any other medications, including over-the-counter drugs or supplements, you are taking before starting treatment.

Storage Instructions

- Store at room temperature, between 15°C to 30°C (59°F to 86°F).
- Keep the tablet in its original packaging to protect it from moisture and light.
- Keep out of the reach of children.

Side Effects

Common side effects include:

- Drowsiness or sedation (due to sustained-release formulation).
- Headache or migraines.
- Breast tenderness.
- Mood changes, including irritability or depression.
- Bloating or mild abdominal discomfort.
- Weight gain or fluid retention.

Serious side effects (rare):

- **Blood Clots:** Such as deep vein thrombosis (DVT) or pulmonary embolism.
- **Liver Dysfunction:** Symptoms such as jaundice, dark urine, or unexplained nausea may indicate liver issues.
- **Severe Allergic Reactions:** Rash, itching, or difficulty breathing.

Presentation

- **Pack size:** Available in 30 tablets per bottle.

Note:

This product should only be used under the guidance of a healthcare provider. Regular monitoring of hormone levels and uterine health is recommended during long-term use. Always follow the prescribed dosage and never self-adjust the treatment without consulting your doctor.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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Panchkula-134113

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Drug Interactions

- **Anticonvulsants and Antibiotics:** Certain medications may reduce the effectiveness of progesterone or interfere with its absorption.